



LEN EUROPEAN JUNIOR DIVING CHAMPIONSHIPS

AUGUST 19TH - 25TH 2023

RIJEKA, CROATIA

ORGANIZERS:



City of
Rijeka



Rijeka Sport's
Association



Croatian Diving
Federation



INVITATION

The Croatian Diving Federation, with partners, kindly invites all LEN affiliated national federations to participate in the European Junior Diving Championships 2023 – Rijeka (CRO).

Hosts

The City of Rijeka

Organizers

Rijeka's Sports Association
Croatian Diving Federation

Contact Information

Rijeka's Sports Association
Mr. Toma Jelušić
Verdieva 11/III,
51 000 Rijeka
Gsm: +385 91 1305305
E-mail: toma@rss.hr
andrija@rijekadiving2023.com
Web: www.rijekadiving2023.com

Croatian Diving Federation
Mrs. Marina Novosel
Trg Krešimira Čosića 11, 10000 Zagreb
Gsm: +385 99 201 1255
E-mail: info@skokovi.hr

The LEN DELEGATES

Anna Sorokina
Klaus Dibiasi
Georgia Fyrigou Consolo
Arne Tellefsen
Snezana Zugic
Bartłomiej Jan Krynicki



Marko Filipović
City of Rijeka Mayor

Dear participants of the European Junior Championship in Diving,

It is with great pride that I welcome you all to Rijeka, the city which has the pleasure to host the European Junior Championship in Diving from 19 - 25 August 2023! This highly anticipated Championship promises to be an exciting showcase of the best junior diving talents from across Europe.

Rijeka is a university city, a city of knowledge and science and a city of great sportsmanship. I believe that the European Swimming League – LEN recognized exactly these values when they entrusted us with the organization of this Championship, as Rijeka has already proven itself as a quality organizer of international sports events, as well as European and world championships.

This is the third time that this important competition is being held in our city, which proves our competence in organizing such high-quality sporting events, especially in aquatic sports.

Numerous sports events we organized in the past certainly contributed to Rijeka being designated as the last year's European City of Sport. With this title, our city has successfully continued to develop its sports orientation even more, as well as to show the importance of sports as an integral part of Rijeka's life.

I would like to express my gratitude to the co-organizers of this competition - the Croatian Diving Federation, KSV Primorje 2010 and Rijeka Sports Association- for their dedicated work and efforts to ensure that everything runs smoothly, as always! With excellent conditions and a beautiful ambience in our Kantrida swimming pools, accompanied by the warm welcome and support from the people of Rijeka, I am convinced that this competition will be fondly remembered by all of you. I wish you all the best of luck and hope that this competition will be an unforgettable experience for everyone. Welcome to the City of Rijeka - the city of sports and culture!



Antonio Silva
LEN President

Dear Athletes, Coaches, Officials, Dear Friends,

It is a great pleasure, as President of LEN, to welcome you all to the 2023 edition of the European Junior Diving Championships, taking place in the historic city of Rijeka, Croatia. The event is taking place in the largest port city in the country, located on the Adriatic sea, and will provide athletes and officials with a pleasant and welcoming environment in which to compete.

Great efforts have been made to ensure that the diving centre gives the young athletes the best possible environment to perform for fans to enjoy top class competition.

I am very impressed by the Kantrida Swimming complex whose state-of-the-art outdoor diving pool (20 x 25 x 5 metres) has several diving platforms: 1 m (one fixed and three removable), 3 m (three fixed) and a diving tower with four platforms (3, 5, 7.5 and 10 metres) all conforming to AQUA technical standards.

Athletes and spectators will be able to enjoy the competition as well as the stunning view across the beach promenade and the Bay of Kvarner.

I would like to extend my sincere gratitude to the Croatian Swimming Federation, led by my colleague Josip Vardovic, the city of Rijeka and the Croatian authorities for their commitment to hosting this event.

I would also like to thank the event partners as well as all the volunteers who give up their time freely for the good of our sport.

LEN puts a high priority on providing a talent pathway for athletes which allows them to experience elite competition from a young age. I am looking forward to seeing how many great "stars of the future" will emerge for the first time on the international stage in Rijeka.



Marko Neveščanin
President of Croatian Diving Federation

Dear sports friends,

I am delighted to wish you warm welcome in Rijeka, once again, for 2023. European Junior Diving Championship.

On behalf of all our staff members, I sincerely thank and welcome every one of you who will attend EJDC 2023. in Rijeka,Croatia. It is my great pleasure that Croatian Diving Federation will host future european diving stars this August in Croatia.I believe that european junior divers feel almost at home at this beautiful diving complex and will pursue their best results in this years edition of EJDC.

I hope and wish that you all will have one memorable diving experience.

CITY OF RIJEKA

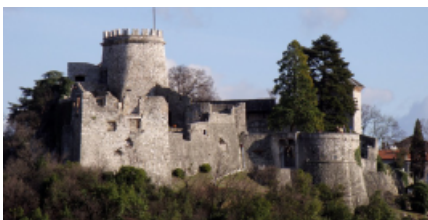
Rijeka is the principal seaport and the third-largest city in Croatia. It is located in the Primorje-Gorski Kotar County on the Kvarner Bay, at the firth of the Adriatic Sea. Rijeka is the central city and county seat of the Primorje-Gorski Kotar County. The City of Rijeka and its surroundings (former municipality of Rijeka - Kastav, Viškovo, Grobnik, Kostrena, Bakar, Kraljevica, Klana) has 191,641 inhabitants. Back in the 19th century, Rijeka developed into one of the largest European ports and a powerful industrial centre due to its ideal geographical position and the depth of the sea in the Kvarner Bay.

Rijeka is located in the west of Croatia, on the northern coast of the Bay of Rijeka (14° 26' east longitude 45° 21' north latitude), as part of the larger Kvarner Bay of the Adriatic Sea, which as a large bay of the Mediterranean Sea crept in the deepest along the Gulf of Trieste European mainland. The Bay of Rijeka, which is connected to the southern part of the Kvarner Bay via the Great Gate (between the Istrian mainland and the island of Cres), the Middle Gulf (between Cres and the island of Krk) and the Small Gate (between Krk and the mainland), is deep enough (about 60 m) for the arrival of the largest ships, which enabled Rijeka to become an important seaport.

The City of Rijeka lies at the firth of the river Rječina in the Kvarner microregion. Kvarner coast is situated on the border of 2 historical regions divided by Rječina – Sušak, witch begins the Croatian coast, and west of Rječina, where begins Julian region, the historic area from Soča in the west to Rječina in the east. Two important land transport routes start in Rijeka. The first takes advantage of the fact that Rijeka is located in the area where the Dinarides are narrowest (about fifty kilometres), which makes it easier to connect the Adriatic coast and the Pannonian interior. Rijeka is also connected to the eastern Alpine area through Postojna Gate.

Rijeka is recognized as a city of industrial heritage. The former large industrial plants are located throughout the city, especially in the area of Mlaka and around Industrijska Street. The industry of Rijeka has left a legacy of significant architectural works. The City of Rijeka, which is the third largest city in the Republic of Croatia, is a significant sports centre. Various sports activities cover over 25,000 Rijeka residents, of which there are more than 12,000 active athletes - 5,529 registered, 4,590 unregistered athletes, and 2,544 others active members, recreationalists, and about 1,900 members of the school and student sports clubs. They are distributed in 195 sports clubs, i.e. in approximately 400 sports teams from 49 sports and sports disciplines.

On March 24, 2016, Rijeka was awarded the prestigious title of European Capital of Culture 2020 for the “Port of Diversity” program, which aims to create a city of culture and creativity for Europe and the future. The selection process lasted almost two years and took place through the Ministry of Culture. In 2020, Rijeka held this prestigious title, and the citizens of Rijeka and the Primorje-Gorski Kotar County become Croatian ambassadors to European cultural audiences and visitors from all over the world.



VENUE

The Kantrida Swimming Pools

The Swimming Pools Kantrida, sports, leisure and entertainment complex were inaugurated in 2008 and completed in 2011. Apart from the swimming pools, the complex includes additional contents, which is why it is not only used for high-quality preparations and competitions by professional athletes but also for leisure and entertainment. It has been awarded with several international awards.

On the wet side, the facility boasts the Olympic Swimming Pool 1 (indoor swimming pool) with a unique retractable roof structure, the reconstructed Olympic Swimming Pool 2 (outdoor swimming pool), a 25m swimming pool, a children's swimming pool and a diving pool. The swimming pools are used by athletes of various age groups for professional training and by general public for leisure. They are well equipped to meet the highest standards in water sports. Beside the complex is a beach, which was officially opened to the public in the middle of June 2011.

On the dry side, there are fitness suites, wellness facilities, scuba diving center, cafés, and parking facilities, all offering a breath taking view of the Kvarner Bay and the islands. In earlier years the venue has hosted several international events like the European Short Course Swimming Championships, LEN Final Four Water polo, European junior Water polo championship, as well as many national and international Diving, Water polo, Swimming and diving championships and tournaments.

Adress

Rijeka, Podkoludricu 2,

Phone: + 385 51 666 600, Fax: +385 51 621 915.

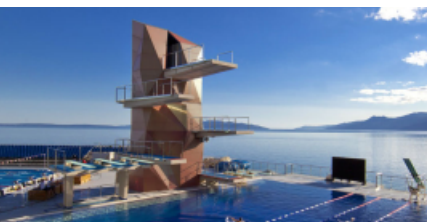
E-mail: bazeni-kantrida@rijekasport.hr

Web: www.rijekasport.hr/en/swimming-pools-kantrida

Facility Kantrida Diving Pool

- 3m, 5m, 7.5m, 10m platforms
- 3x3 m boards
- 2 x 1 m boards
- dry land: warming up space, power gym, air track & more





TEAM LEADERS MEETING, JUDGES MEETING, JUDGES CLINIC

The Team Leaders Meeting will take place on August 19th , on the pool, at 10:00 followed by Judges Meeting.

SCHEDULE

Date	10:00	30 min break	after break	16:00	17:00	18:30	
19 th August	Tehnicl Meeting		Judges Meeting	Opening Ceremony	MIXED TEAM EVENT FINAL	Award Ceremony	Clinic
20 th August	B 1m Boys Preliminary	30' interval	B 3m Girls Preliminary	B 1m Boys FINAL	B 3m Girls FINAL	A/B Boys SY pt A/B Girls SY pt	Award Ceremonies
21 st August	A 1m Boys Preliminary	30' interval	A Plat Girls Preliminary	A 1m Boys FINAL	A Plat Girls FINAL	Award Ceremonies	Clinic
22 nd June	B 1m Girls Preliminary	30' interval	B Plat Boys Preliminary	B 1m Girls FINAL	B Plat Boys FINAL	A/B Boys SY 3 FINAL	Award Ceremonies
23 rd August	A 1m Girls Preliminary	30' interval	A 3m Boys Preliminary	A 1m Girls FINAL	A 3m Boys FINAL	Award Ceremonies	Clinic
24 th August	B Plat Girls Preliminary	30' interval	B 3m Boys Preliminary	B Plat Girls FINAL	B 3m Boys FINAL	A/B Girls SY 3 FINAL	Award Ceremonies
25 th August	A 3m Girls Preliminary	30' interval	A Plat Boys Preliminary	A 3m Girls FINAL	A Plat Boys FINAL	Award Ceremonies	

CLINIC SCHEDULE:

19.08. – 20:00h - 21:00h - BARTŁOMIEJ JAN KRYNICKI

“Trauma prevention in Diving”

21.08. – 19:30h - 21:00h - DOMENICO RINALDI

“The Age peridization in Diving Preparation Program”

23.08. – 19:30h - 21:00h - KLAUS DIBIASI

“Diving history – who knows, that...?”

Competition Format

There will be girls and boys B category (2008., 2009.) and girls and boys A category (2007., 2006., 2005.). All event provide equal participation possibilities for both gender: in individual, synchronized diving and Mixed Team Event.

INDIVIDUAL DIVING	SYNCHRONIZED DIVING	MIXED TEAM EVENT
Category A - Boys & Girls	Category A/B combined - Boys & Girls	Category A/B combined
-1m Springboard -3m Springboard -Platform 5m, 7.5m, 10m	-3m Springboard Synchro -Platform Synchro	-Mixed Team event
Category B - Boys & Girls		
-1m Springboard -3m Springboard -Platform 5m, 7.5m, 10m		

TRAINING

Training time in the competition pool August 17th and 18th will be allocated per federation in blocks based on the number of entries.

ACCREDITATION

Federations entering the European Junior Diving Championships will receive accreditation free of charge for:

- a) the President of the Federation;
- b) the Head of Delegation;
- c) the Competitors entered;
- d) one medical person; a second medical person in case more than fifteen competitors have been entered.
- e) team staff members: **5** (for up to 5 competitors); **6** (for up to 8 competitors); **7** (for more than 8 competitors).

However the number of team staff members may not exceed the number of competitors. Team staff members include everybody servicing the team: Team Leaders, Chaperones, Coaches, Physiotherapists, Interpreters, etc. (not officials such as judges, referees, etc.).

ENTRY

Via Preliminary (July 15th) and Final entry forms to OC and copy to LEN office no later than August 9th 2023. Dive sheets via diverecorder: <https://diverrecorder.co.uk/>

OFFICIALS

J-D 7.1 Acting Judges are not allowed to act as coaches throughout the actual Championships. Judges who do not respect this Regulation shall be excluded from the Championships.

J-D 7.2 The TDC shall appoint the Technical Delegate, the Referee, the judges panel(s) and the other officials for each event.

J-D 7.3 Federations may nominate one (1) or two (2) judges qualified on the current A-and/or B-Lists of LEN.

J-D 7.4 Federations entering four (4) divers or more are obliged to nominate at least one (1) judge qualified on the current A and/or B Lists of LEN.

A Federation not able to nominate a judge in the category prescribed shall be financially responsible for one (1) judge to be nominated by the TDC.

J-D 7.5 Nominations shall be submitted to the LEN Office no later than the date circulated by the LEN Office.

J-D 7.6 Officials approved by the TDC are on the costs of the nominating Federation.

J-D 7.7 The Organizing Federation shall supply all other officials.

J-D 7.8 Acting judges may be evaluated.

FORMAT FOR THE DIVING EVENTS

Individual diving events on 1m, 3m and Platform will be held in two sessions with Preliminaries and Finals with twelve (12) divers. The starting order of the divers in the Final will be according to the reverse order of their placing as determined by their total scores at the end of the Preliminaries.

In the Finals, the top twelve (12) divers from the previous session will participate in a final competition performing only dives without limit. The scores of the dives with limit from the previous session will be carried forward and added to the scores in the final competition to determine the top twelve (12) rankings.

Divers lower than twelfth place will be ranked by their preliminary scores.

- **The Mixed Team Event** is an event where up to 4 divers compose the team may complete the 6 dives from different heights are performed. One (1) team per Nation is allowed in this direct final.

Mixed Team Event Rules and Regulations (Junior Mixed Team Event)

Juniors Mixed Team is composed of minimum 1 male and 1 female up to 4 (four) divers (mixed boys and girls of A and B Age groups (at least 1 from B present))				
Rounds of dives	6 Dives		Program composition requirements	DD
1	3m springboard	Individual dive Girl	6 (six) dive groups must be used	FREE DD
	3m springboard	Individual dive Boy		FREE DD
2	3m springboard	Mixed Synchro Dive Boy/Girl		FREE DD
3	5, 7.5, 10m Platform	Individual dive Girl		FREE DD
	5, 7.5, 10m Platform	Individual dive Boy		FREE DD
4	5, 7.5, 10m Platform	Mixed Synchro Dive Boy/Girl		FREE DD

KEY DATES

There are four important deadline dates in order to provide information to the OC and in order to participate in the Championships:

· June 25th ,2023.

Preliminary Entry form for teams and officials is to be submitted to LEN and OC, Preliminary Booking for accommodation advance payment (first payment part 50%)

· July 15th , 2023.

Accommodation in advance payment (balance payment part 50%)

· July 15th 2023.

Completed travel form is to be submitted to the OC and Travel agency

· August 9th 2023.

Final name entries for athletes by event and category and for Judges to be submitted to OC with copy to LEN Office (diving@len.eu).

All the applications for all the categories of participants, should go officially through the respective National Federations.

VISA APPLICATION

Participants from countries needing an entry visa to Croatia are requested to contact the OC for an official invitation letter. In order to avoid problems of administrative nature when requesting a visa, please contact the Croatian Embassy or Consular Authorities within your country in due time prior to your planned arrival to Croatia

ACCOMMODATION

We will provide options for the accommodation of divers, officials and other participants in Rijeka. Different types of rooms will be available in accordance to participants needs. Federations can book their accommodation only through the Official travel agency.

CONTACT INFORMATIONS & PAYMENT DETAILS

Autotrans d.d. - Arriva Travel - official travel agency

Adress: Riva 22, 51 000 Rijeka, Croatia

Mrs. Vedrana Šuš

Phone: + 385 51 212 224, + 385 99 3975 128 . Fax: + 385 51 337 209

E-mail: vedrana.susa@arriva.com.hr, Web: www.arrivatrans.com.hr

Beneficiary: Autotrans d.d., Šetalište 20.travnja 18, Cres 51 557

Bank name: ERSTE & STEIERMAERKISCHE BANK D.D.

Bank address: Jadranski trg 3a., 51000 Rijeka, Croatia

Reason of transfer: European Junior Championships in Diving 2023

IBAN: HR76 2402 0061 5000 1141 3 . SWIFT: ESBCHR22

Payment reference number: 182-88-23

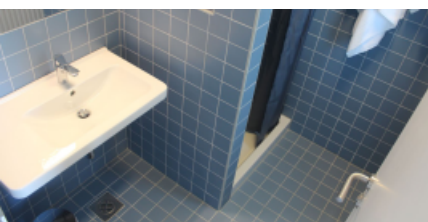
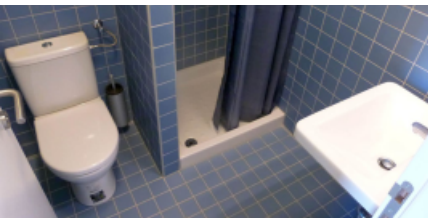
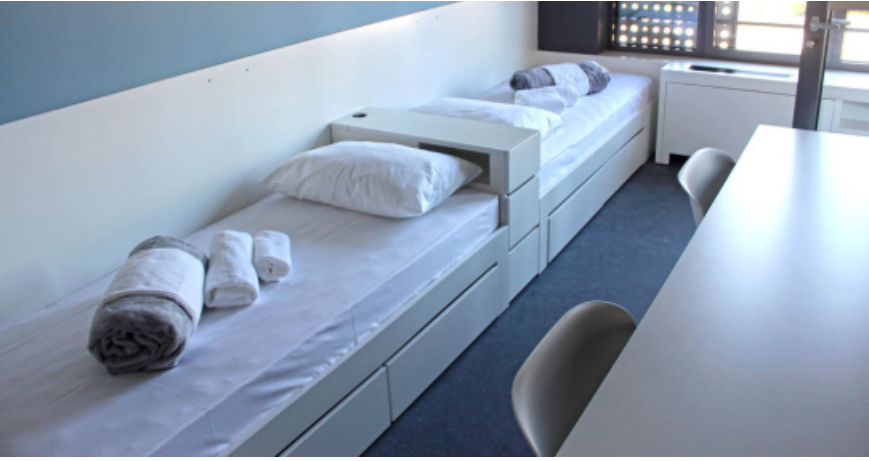
Kampus student center (price per person / per day – FB service): 1.) room with 4 beds – 140,00 Eur, 2.) room with 3 beds – 145,00 Eur, 3.) room with 2 beds – 160,00 Eur, 4.) room with 1 bed – 180,00 Eur.

Official transport dedicated to the Delegations (Athletes, Staff & Officials)

Divers will need to use as maximum possible number of rooms with 3 and 4 beds!

Kampus student center first opened in 2016. as a result of a project by the European Union and University of Rijeka. It is located in Rijeka at the address Radmile Matejčić St. 5. Student Dormitory Trsat comprises three pavilions that are designed in a functional, organizational, architectural, technical, economic and spatial sense to provide quality living and studying conditions for its residents. Student dormitory Trsat consists of three pavilions: pavilion 1 (ground floor + 6 floors), pavilion 2 (ground floor + 6 floors) and pavilion 4 (ground floor + 5 floors). The dormitory has 754 beds for accommodating of full time students from the University of Rijeka, exchange students, professors, scientists and other guests of the University of Rijeka: 730 beds are intended for the accommodation of students and 24 beds are intended for the accommodation of professors, scientists and other guests of the University of Rijeka. Accommodation in double room in pavilion 2, 3 and 4 is organized in the way that four users of accommodation (in two double rooms) live in flat and share loggia, bathroom, toilet, kitchen and entryway. Accommodation in single bed room for student in pavilion 1 is organized in the way that one student uses their own room, kitchen, bathroom and entryway and share loggia with another student. Accommodation in single room for guests in pavilion 2 is organized in the way that one person uses their own room, kitchen, bathroom and loggia. All accommodation units are equipped with furniture (bed, closet, shelves, working desk, dining table, chairs and so on) and bedding set. In kitchen there are: furniture, sink, cooker, small refrigerator and all necessary kitchen inventory. In bathroom there are: shower and washbasin. In toilet there are: toilet and a small washbasin. Each room has heating, cooling and Internet connection.





PRICE FOR OTHERS (FAMILY, FRIENDS):

Kampus student center (price per person / per day – HB service): 1.) room with 4 beds – 105,00 Eur, 2.) room with 3 beds – 110,00 Eur, 3.) room with 2 beds – 120,00 Eur, 4.) room with 1 bed – 135,00 Eur.

Accommodation for the family and friends only on request until 10.07.2023.!!

- Accommodation for Familys and Friends will be provided in the sepeated pavilion and without the possibility to enter in the athletes' building
- It is not allowed for Familys and Friends to use transport dedicated to the Delegations (Athletes, Staff & Officials)
- During the meals in the restaurant athletes will be separated from family friends and other guest
- Quite hours 22:00 – 7:00
- Kampus apply Clean/Green Policy by using the smart room system and by using energy from renewable sources (solar panels on the roof of the pavilion), however, saving energy also depends on the habits of the guests. Guests can separate their waste without any problems, given that each room has a basket with three compartments for sorted waste disposal. We certainly encourage responsible behavior towards nature, the environment and energy sources.
- NON SMOKING POLICY on the territory, smoking is prohibited in the accommodation facility and in any building in the Kampus
- NO-Alcohol under 18 years BEHAVIOUR OBSERVED POLICY (If Family and Friends disturb the comfort of the Teams, they could be excluded from the Kampus)

AIRPORT TRANSFERS

The OC shall organize transfers for all participants using official organizer agency and accommodation. Transfers will be organized from and to official airports. The Transfer Request Forms and an invitation letter will be published on the official web site and completed forms shall be sent in due time as stated in the form.

- www.rijeka-airport.hr - information on the Rijeka airport
- www.zagreb-airport.hr - information on the Zagreb airport

LOCAL TRANSFERS

Local transfers will be organized for all accredited participants using official organizer agency and accommodation. The transfer will connect the venue and hotels. The transfers will be scheduled in accordance with official training and competition schedules.

DOPING CONTROL

During the Championship the doping control may be conducted. Any competitor participating Championship may be required to be tested for doping control.

NATIONAL ANTHEMS

The Organizing Committee requests that all Federations check their National anthems and flags before arrival in Rijeka.

PASSPORT CHECK

The passport check will be at the accreditation desk.

OPENING CEREMONY

The Opening Ceremony will be short and will take place on August 19th at 16:00. Each team shall participate with one diver dressed with the official uniform

VICTORY CEREMONIES / AWARDS

The Victory Ceremonies will take place each day after the end of the events. Medals will be awarded to the competitors placed first, second and third in each event. Diplomas will be awarded to the competitors placed 1st to 8th. Please inform your athletes that they must be ready for the awards ceremony. National uniforms must be worn during the ceremony. Country flags are not allowed on the podium.

CONFIRMATION OF THE RETURN TRAVEL

Each Team Manager shall confirm the departure time latest at the Team Leader Meeting, by returning the Form which will be provided, so that the transport to the airport can be arranged.

HOSPITALS

KANTRIDA, Istarska 43, +385-51-659-111

RIJEKA, Krešimirova 43, +385-51-658-111

SUŠAK, T.Strižića 3, +385-51-407-111

INSURANCE

The Insurance of the participants is the responsibility of the respective federations. Insurance is also valid in the case of a covid infection.



Rijeka 2023
LEN EUROPEAN JUNIOR
DIVING CHAMPIONSHIPS

PARTNERS:



RIJEKAPLUS+

